

Adults program timetable.

Empowering confidence through movement.

TERM 4 STARTS ON 7th OCTOBER 2024

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adults in Motion \$27.50 per lesson				10.00-11.00am	12.10-1.10pm 5.00-6.00pm		

[BOOK NOW](#)

